

CAI Report on Air-freighted Vegetables in our local supermarkets

Thanks goes to our monitors who have visited the supermarkets and provided the information

Co-Op November 22nd 2020

Avoid	Air-freighted from	Avoid	Air-freighted from
Asparagus	Peru	Salad onions	Egypt
Sugar Snap Peas	Peru	Tenderstem broccoli	Kenya
Mangetout	Peru	Green grapes	Brazil
Fine Beans	Kenya, Egypt, Guatemala	Baby corn	India
Blueberries	South Africa, Zimbabwe	Raspberries	Morocco
Alternatives			
British			
Cauliflower	Curly kale	Sprouts	Carrots
From Spain			
Celery	Cucumber	Iceberg lettuce	Little gem lettuce
Peppers	Pak Choi	Red grapes	Raspberries
Corn cob	Spinach		
From Italy			
Spinach	Rocket		
From Greece			
Black grapes			
From Netherlands			
Strawberries			
Country of origin not shown			
Sweet crunchy salad	Baby leaf salad	Green veg medley	Melon & grapes